

# BE YOURSELF

Over the last four Sundays the Gospels have been following the story of Jesus' early life of ministry. First he went to be baptised. Then he moved to Capernaum from Galilee and he chose his apostles. Last Sunday we heard part of his inaugural address, the beatitudes: Happy are you...

This Sunday Jesus begins to instruct the disciples about how to be his followers. He says, in effect, be what and who you are. If you are salt then don't lose your flavour of salt. If you are a lamp then don't put a tub over yourself so no-one can see your light. Give taste. Give light.

Consoling advice: simply be yourself!

But what does it mean, to "be yourself"? It cannot be about being self-centred; nor about my way being best, my way being the only way; it is not about "doing it my way" as Frank Sinatra once sang. "Being yourself" is surely about being one with Jesus, at one with Christ. It is about being images of Christ because we are his Body. It is walking not just in his steps but in his Way! It is about living his Life here and now.

The Prophet Isaiah, preaching centuries before Jesus, seems to imply that letting your light shine (being yourself) is sharing your bread with the hungry, sheltering the homeless, and clothing the naked. It is about not turning away from your own kith and kin and their needs. Rather than being centred on yourself you begin to let the small light that is you shine in the darkness. This is how Jesus enlightened the world. He even went to death for it. Couldn't this be the real meaning of "being yourself"?

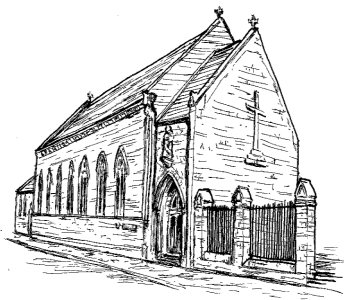
We can only find our true selves in the person of Jesus. In him we discover who we are. In him we come into contact with our strengths and weaknesses, with our hopes and fears. As we find our identity in Christ we are enabled to be salt and light for those around us and for the world in general.

*Vincent Harvey*

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## THOUGHTS FOR THE WEEK AHEAD:

1. What does binding the wounds of others have to do with your own wounds? Who benefits when people share their bread or shelter the homeless? (1<sup>st</sup> reading)
2. In human terms is there any way the crucifixion can triumph over sin and death? What allows us to see beyond appearances? Why did Paul want our faith to rest on the power of God instead of elaborate arguments? (2<sup>nd</sup> reading)
3. What determines the degree of saltiness or brightness? How would a person improve the quality or become more a person for others? (Gospel)



6 FEBRUARY 2011

**FIFTH SUNDAY OF  
ORDINARY TIME**



**CITY CENTRE  
CATHOLIC PARISH,  
SOUTHAMPTON  
ST JOSEPH'S &  
ST EDMUND'S**

ROMAN CATHOLIC DIOCESE OF  
PORTSMOUTH REG. CHARITY NO. 246871

**A Stewardship Parish in  
a Stewardship Diocese**

**SOUTHAMPTON  
CENTRAL AND WEST  
PASTORAL AREA  
ALSO INCLUDES  
ST. BONIFACE,  
ST. VINCENT DE PAUL  
& HOLY FAMILY**



## TODAY - SUNDAY 6th FEBRUARY

**SECOND COLLECTION**—Catholic Care.



**BAPTISMS:** We welcome into our faith community **Corbie and Cohen Ward**, sons of Dwain and Natasha; **Phoebe Croft**, daughter of Antony and Grace; **Aaliyah Hare**, daughter of Sabrina and Richard and **Marcus Dulay**, son of Ernesto and Margarita, who are to be baptised at 12.30pm in St. Edmund's Church today.

**CONFIRMATION PREPARATION** candidates to meet from 2pm—6pm today in Holy Family Church, Millbrook.

**ECUMENICAL FAMILY RAMBLE** 2pm today at the Itchen Valley Country Park. Walk is about 3 miles around the Park. Meet at the front of the Barn. See Notice Board for details.

**ARE YOU INTERESTED IN LEARNING MORE ABOUT PRAISE MASS MUSIC?** If so, then come along to St. Peter's School, Winchester from 2 – 5pm today. Workshop led by the Catholic Rock Band – Crossbeam. Contact Paul & Clare Robinson on 01962885858.

**PRAISE MASS IN WINCHESTER** at 5.30pm today in St. Stephen's Church, Oliver's Battery Road, .

**BAMENDA:** Members of the Portsmouth/Bamenda Committee & others leave today for the Cameroon to start their sponsored trek of hiking between remote rural health centres in Bamenda Diocese. They hope to raise funds in support of Clinicare International (which gives much of its aid to Bamenda clinics) and projects supported by the Diocesan Bamenda Fund. They return on 21<sup>st</sup> Feb. To donate online visit [www.justgiving.com](http://www.justgiving.com) enter 'Clinicare' or 'Jo Overton' into the charity or person 'search'.

**YOUTH CHOIR** 7pm Mass, rehearsal at 6pm.

### THIS WEEK

**MONDAY CLUB** meet at 2pm in St. Edmund's Hall for Bingo. All welcome!

**BAPTISM PREPARATION** 7pm—8pm Mon. 7 Feb. in St. Edmund's Hall.

**THE HAZARDS OF THE JOURNEY: Pilgrimage & Travel in the Middle Ages** presented by the Winchester Catholic History Group. Imogen Corrigan, Lecturer in Anglo-Saxon and Medieval History, Kent Federation of History, 7.45pm for 8pm Mon. 7 Feb. in the Milner Chapel, St. Peter Street, Winchester.

**ARCHEAOLOGICAL SOCIETY** to meet 7pm Tues. 8 Feb. in St. Joseph's Hall

**WELLSPRING PRAYER GROUP** meet Tuesdays at 8pm in St. Edmund's Hall.

**JOURNEY IN FAITH** group meet on Wed. 9 Feb. at 7.45pm in St. Edmund's Hall.

**HALF PINTS TODDLERS GROUP** meet every Thursday at 10am in St. Edmund's Hall.



**DINNER DANCE IN AID OF SOUTHAMPTON PASSION** – Friday 11<sup>th</sup> February, Hilton Hotel, Chilworth. Black tie or suit and posh frocks – buffet and auction – dance the night away with the Hi-Life Band. 7pm for 7.30pm – tickets £35. For further details visit the Southampton Passion website or contact Carol on 07519 303 925.

**FOR INFO:** Mon: Day off: VH/PL  
Tues: PA Clergy meeting VH/PL. FHC family visiting VH  
Wed: Bishop's Council: VH, Catholic Care: VH  
Thurs: Diocesan Trustees: VH; Fri: Solent Credit Union VH

### NEXT WEEKEND

**BBC THE BIG QUESTIONS** is filming a live studio religious debate in Southampton on Sun. 13<sup>th</sup> Feb. On the panel are the Rt. Rev. Ann Easter, Rabbi Romain, Minister of Maidenhead Synagogue and Zenna Atkins, a Social Entrepreneur. If you would like to attend please call Becky Read for a ticket on Tel. 0141 422 6945 or Mobile No. 07787 406 371.

**GOSPEL CHOIR** 7pm Mass Sun. 13<sup>th</sup> Feb.

### NEXT WEEK

**CHRISTIAN AID - BETTER TOGETHER Road Show** to celebrate Christian Aid week, on Mon. 14 Feb:

10.30am—12noon **Beyond the Envelope** (an inspiring workshop of fresh ideas & practical advice for Christian Aid Week) in the Underhill Centre, Hedge End or 2.30pm—4pm in the Isaac Watts Memorial URC, Winchester Road, Southampton.

7.30pm—9pm **Better Together: Poverty Over** (a multi-media presentation revealing Christian Aid's work with the poorest communities). Avenue St. Andrew's URC, The Avenue, Southampton. Contact 023 8070 6969.

**YOUTH PROJECT** meeting at 8pm on Tues. 15<sup>th</sup> Feb. in St. Edmund's Lodge, The Avenue.

**FOSMAG** (Friends of Southampton's Museums Archives & Galleries) meet at 9.30am Wed. 16 Feb. in St. Joseph's Hall.

**FIRST HOLY COMMUNION** parents and children's workshop 10.30am Sat. 19<sup>th</sup> Feb. in Stella Maris Centre / St. Joseph's Hall.

### GENERAL ITEMS

**NEW SEEKERS COURSE:** If you or someone you know would like to find out about the Catholic Faith, you are welcome to attend the New Seekers course. The next meeting is at 7.45pm on Thurs. 17 Feb. in St Edmund's Hall, Rockstone Place. For further information please call Dudley on Tel. No. 023 8067 9079.

**FR. PAUL'S QUIZ & ITALIAN FOOD NIGHT** at 8pm on Sun. 6 Mar. in St. Edmund's Hall. Tickets £7.50 for sale from next weekend after Mass.

Proceeds to go towards the Diocesan HCPT Group who are taking a family from our parish to Lourdes at Easter.



**SOUP LUNCH** at 1.05pm (after Mass) Thurs. 17 Feb. in St. Michael's Church. Proceeds to Christian Aid and CAFOD.

**CAFOD SUPPORTERS' MEETING:** 10am-1.15pm Sat. 19 Feb, St Bede's Parish Hall, Popley Way, Basingstoke RG24 9DX. An opportunity for all CAFOD supporters in our Diocese to get together and hear about plans for next Lent and Lent Fast Day. Francis McDonagh from the Latin America Team will be speaking about CAFOD's work in Colombia. Booking essential. Contact CAFOD office: portsmouth@cafod.org.uk or 01252 329385.

**BIBLICAL NOVELS & SHORT STORIES:** 9.45am to 4.30pm Sat. 26th Feb. This structured day course providing an introduction to the books of Ruth, Tobit, Judith and Esther. What do these beautifully composed stories mean and why are they in the Bible? Venue: Douai Abbey, Upper Woolhampton, Reading, RG7 5TQ. Tel. 01865270368 to book.

**PLEASE PRAY FOR:** Fran Elsdon, Betty Ashbolt, Carlos Fernandes, Eileen & Alex Aitken, Sheila Quinn, Percy White, John Dorling, Pat Cummings, André Neves, Peter Scott, Stephen Brooks, Cecelia Coutinho, George Francis Ponniah, Carolyn, Lee Henninghan, Jenson Pearce, Phyllis Richmond, Teddy Blake, Brian Cunio, Eileen Smedley, Margaret de Groen, Terry Clark, Kay Gills, Kathy Kelly, Ian McKenna, Myra Andrade and all parishioners who are sick or recovering. Please call the parish office if you would like to add someone to the list.

**MARRIAGE CARE:** *Being pulled apart by life's pressures—money, unemployment, sex, parenting...? Marriage Care can help you pull together.* For an appointment with a relationship counsellor, contact 0800 389 3801.

**READERS & EUCHARISTIC MINISTERS ROTAS** now available for Feb.—May 2011. Please collect your copy from St. Joseph's & St. Edmund's Sacristies.

**PARISH ROAST LUNCH** 12.30pm—2.30pm Sun. 3 Apr. in St. Edmund's Hall. (Mother's Day). Further info to follow re tickets etc.

**DIOCESAN PILGRIMAGE TO LOURDES: INFO. EVENING:** see poster on Notice Board for details of times, dates and venues across the Diocese. You are invited to come and join us to find out all there is to know about our Annual Pilgrimage to Lourdes (19-28 August 2011). Our Pilgrimage is for people of all ages and abilities. We are also on the lookout for young helpers (aged 17+) to join us and help the fellow pilgrims who require assistance. **Brochures for the Pilgrimage are available at the back of the church.**

**LOCAL DOG WALKER NEEDED** to walk Jasper, a bouncy black Labrador, from Rockstone Place to the Common twice weekly. Good rates. Call Jasper on 07876417731.



**YOUTH LEADERS:** Meeting for those involved in youth ministry across the YC South Area. We are looking at Youth liturgies led by Jack Regan, an experienced

Catholic youth worker, School Chaplain and founder of the Catholic Youth Work Forum. It will be a chance to share experiences and learn what makes a good liturgy for young people so that we can more effectively help them in prayer and worship. St. Stephen's Church, Winchester, 7pm-9.30pm Fri. 25 Mar. Contact Peter McGeady Mob. No. 077 6925 8378.

### **HOLY FAMILY CATHOLIC PRIMARY SCHOOL: VACANCY FOR FOUNDATION GOVERNOR**

Bishop Crispian, who has absolute discretion in the appointment of Foundation Governors, is seeking applications from committed baptised Catholics who wish to be considered. The governors of a Catholic school work as a team, in close co-operation with the headteacher and all staff. Appropriate training is available during the period of service. Lack of experience in education in a Catholic school should not deter anyone from applying if there is a genuine desire to serve the mission of the Church. Application packs available from the Parish Priest, the School Office or the Department for Schools Governance, Park Place Pastoral Centre, Winchester Road, Wickham, PO17 5HA. Closing date for receipt of applications: 25 Feb.

**PILGRIMAGE TO THE CHURCHES OF ASIA** from 22<sup>nd</sup> – 30<sup>th</sup> October 2011 led by Monsignor Vincent Harvey. The pilgrimage will visit the Churches of Asia (see Revelation Chapter 1) **Brochures still available from Father Vincent.**

**NEW YEAR'S RESOLUTION: Volunteer for CAFOD!** Put your skills to good use this year and help CAFOD in our diocese - different positions and opportunities available. To find out more, please contact the CAFOD Portsmouth office: portsmouth@cafod.org.uk or 01252 329385.

**MARTHA'S** in Bedford Place for all those unused items of clothing or gifts. Also there are new gifting lines and cards available, do come in and have a look! Thank you for supporting our local Charity Shop which in turn enables Martha's to support important services within our Parish community.

**THE APOSTOLIC NUNCIO:** As you will know, Archbishop Faustino Sainz Munoz has retired from the post of Apostolic Nuncio, due to ill health. Please continue to remember him in your prayers as he continues treatment. Archbishop Antonio Mennini has been appointed to succeed him. Archbishop Mennini is, at present, Apostolic Nuncio to the Russian Federation and Uzbekistan. The date of his arrival in this country is expected in February.

**THANK YOU** to Julie Jack for the donation of £100 received from the proceeds of the sale of her designer cards at St. Joseph's.

**TWO HUNDRED CLUB WINNERS FOR FEBRUARY:** 1st Prize Tony Wade £30; 2nd Prize Pat Grant £15

**MASS INTENTIONS FOR WEEK BEGINNING SUNDAY 6th FEBRUARY 2011**

<b>SAT</b>	<b>VIGIL MASS</b> <b>5 FEBRUARY</b>		<b>6.15PM SJ</b> MICHAEL HARGADEN RIP (KW) <b>7.00PM SE</b> MASS IN POLISH
<b>SUN</b>	<b>6 FEBRUARY</b>	<b>FIFTH SUNDAY OF ORDINARY TIME</b>	<b>9.00AM SE</b> PJ PHELAN RIP (EK) <b>10.00AM SJ</b> KATHERINE BARTROP RIP (AB) <b>11.00AM SE</b> MARGARET GROVER RIP (MB) <b>7.00PM SE</b> ELIZABETH DORLING RIP (JMD)
<b>TUES</b>	<b>8 FEBRUARY</b>	<b>5th WEEK OF O.T.</b>	<b>10.00AM SE</b> PATRICK REILLY (ED)
<b>WED</b>	<b>9 FEBRUARY</b>	<b>5th WEEK OF O.T.</b>	<b>7.00PM SE</b> PJ PHELAN RIP (EC&HP)
<b>THURS</b>	<b>10 FEBRUARY</b>	<b>5th WEEK OF O.T.</b>	<b>12.15PM SJ</b> EVELYN TREE RIP (F)
<b>FRI</b>	<b>11 FEBRUARY</b>	<b>OUR LADY OF LOURDES</b>	<b>7.00PM SE</b> JOHN MALONEY RIP (F)
<b>SAT</b>	<b>12 FEBRUARY</b>	<b>OUR LADY ON SATURDAY</b>	<b>11.00AM SE</b> MARGARET GROVER RIP (BM) <b>6.15PM SJ</b> NORA HUNTER RIP (MH) <b>7.00PM SE</b> MASS IN POLISH
<b>SUN</b>	<b>13 FEBRUARY</b>	<b>SIXTH SUNDAY OF ORDINARY TIME</b>	<b>9.00AM SE</b> PJ PHELAN RIP (MH) <b>10.00AM SJ</b> SARAH KENNEDY-DONNELLY RIP (F) <b>11.00AM SE</b> MARGARET GROVER RIP (MB) <b>7.00PM SE</b> JIM O'MALLEY RIP

**PASTORAL AREA PARISHES - MASS TIMES:** Holy Family, Millbrook Sat Vigil 18:30; Sun 11:00am; Holy day 19:00. St. Boniface, Shirley Sat Vigil 18:30; Sun. 08:30; 10:30. Holy day 10:00; 20:00. St. Vincent de Paul Sun 09:15; 11:30 in Polish; Holy Day 10:00.

**Contact Details:**

Parish Priest: Mgr. Vincent Harvey  
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 Presbytery Address: 14 Rockstone Place,  
 Southampton, SO15 2EQ  
 Parish Secretary: Anne Wheeler  
 Parish Office: St. Edmund's Lodge  
 (next to St. Edmund's Church)  
 The Avenue, Southampton, SO17 1XJ  
 Tel. 023 8033 3589  
 Email: catholic14@btinternet.com  
 Parish Website: http: www.southampton-city-catholics.org.uk  
 Hospital Chaplain Fr Michael Cronin 023 8079 8517  
 Apostleship of the Sea: Rev. Roger Stone Tel. 079 6334 5618  
 E-mail: rogerstone@apostleshipofthesea.org.uk  
 Retired Priest: Fr. Paul Spellman  
 Polish Chaplaincy: Fr Wojciech Stachyra SChr  
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 Solent Uni. Chaplain: Sr Liliana: 079 6776 1714  
 Catholic Home Care: Anne Monaghan 023 8033 3589  
 Counselling Service: Sr Mairead Noonan 077 7905 1901  
 Martha's Gift Shop: 023 8033 3400  
 EU Welcomers Project: Dave Adcock 07786 392 886  
 e-mail: euwelcome@yahoo.co.uk  
 Youth Co-ordinator: Peter McGeady 077 6925 8378  
 e-mail: pmcgeady@portsmouthdiocese.org.uk  
 Blog: http://youngcatholicssouth.blogspot.com

**5th SUNDAY OF ORDINARY TIME YEAR A**

**Psalm Response**

The good man is a light in the  
darkness for the upright.

**Gospel Acclamation**

**Alleluia, alleluia!**

I am the light of the world, says the Lord, anyone  
who follows me will have the light of life.

**Alleluia!**

**Prayer of the Church week 1**

**READINGS FOR NEXT SUNDAY 6 FEBRUARY**

**5th SUNDAY OF ORDINARY TIME YEAR A**

1st reading: Ecclesiasticus 15:15-20

2nd reading: 1 Corinthians 2:6-10

Gospel Reading: Matthew 5:17-37

**2ND COLLECTION TODAY**  
**CATHOLIC CARE**

**NO 2ND COLLECTION NEXT**  
**WEEK**

**30/1/2011**

**1st Collection**

**Total**

**£2202.70**

Cash

960.45

S / O

970.51

Gift Aid Tax Rebate

271.74

Thank you for your generous contributions. Please note, the Gift Aid tax rebate on the 2nd collection is retained by the Parish. Your donations make the life & work of the Parish possible.

**Our Catholic Schools:** Springhill Catholic Primary 8033 3954

St Anne's 8032 8200, St George 8032 2603