

One Bread One Body

For the next few weeks the Sunday Gospels are all about 'Eucharist' (beginning last week with the feeding of the 5,000). Because of this I have decided to 'revisit' the document 'One Bread One Body' to help us, hopefully, understand more fully, the mystery of the Eucharist and how we celebrate it and receive it.

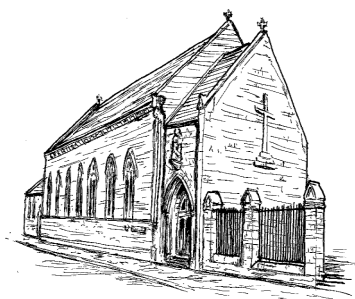
Vincent Harvey

10. No individual thread of Catholic doctrine can be fully understood in isolation from the total tapestry. Catholic faith in the Eucharist and Catholic faith in the Church are two essential dimensions of one and the same Mystery of Faith, rooted first and foremost in the awesome mystery of God in his saving love, reconciling the world to himself in Jesus Christ.
11. "For God sent His Son into the world, not to condemn the world, but that the world might be saved through Him". What do we mean by 'salvation'? There is no simple answer but one idea remains central (in the New Testament and to Christians) We are saved not as private or isolated individuals, but as a people, as a community, as a family To believe in God is to enter the 'we' of the family of God.
12. The mystery of salvation is a mystery of *communion*. The idea of 'communion' (*koinonia* in Greek, *communio* in Latin) lies at the very heart of our Christian faith. We are accustomed to using the word 'communion' first and foremost of the sacrament of the Body and Blood of Christ. This 'Holy Communion' with Our Lord, either at Mass or afterwards (sick and housebound) has as its aim our ever-deeper communion with one another in the family of Christ's Church, and above all with the communion of the Holy Trinity
13. It is above all, through the sacraments of Baptism ... and the Eucharist, that we enter into this deep communion of life and mission with our crucified and risen Saviour Sharing in common the life of God who gives himself to us in love, we are able to be one as the Father and the Son are one.
15. Each sacrament is an effective sign which makes present what it signifies. Sacraments are specific ways in which, by the power of the Holy Spirit, the Risen Jesus makes his saving presence and action effective in our midst.
(Extracts from the 'Teaching Document on the Eucharist' in the life of the Church promulgated by the Bishops of England and Wales in 1998)

THOUGHTS FOR THE WEEK AHEAD:

1. How does your relationship with Jesus nourish and sustain you?
2. According to Pope Francis, in the Eucharist we are given something that keeps us from hardening our hearts and allows us to love someone who doesn't love us. What is that something for you?
3. In what ways are you working 'for the food that endures for eternal life'?

Vincent Harvey



ST JOSEPH'S & ST EDMUND'S CITY CENTRE CATHOLIC PARISH SOUTHAMPTON

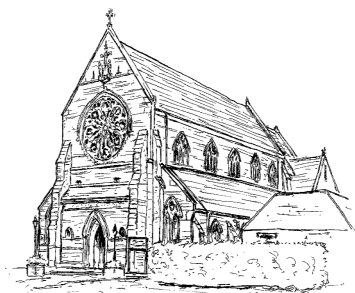
ROMAN CATHOLIC DIOCESE OF
PORTSMOUTH REG. CHARITY NO. 246871

2 AUGUST 2015
EIGHTEENTH
SUNDAY OF
ORDINARY TIME



SOUTHAMPTON CENTRAL,
WEST & EAST DEANERY
ALSO INCLUDES:

- ST. BONIFACE, SHIRLEY
- HOLY FAMILY, MILLBROOK
- ST. VINCENT DE PAUL,
LORDSWOOD
- CHRIST THE KING &
ST. COLMAN'S, BITTERNE
- IMMACULATE CONCEPTION,
PORTSWOOD
- ST. PATRICK'S, WOOLSTON
- THE ANNUNCIATION,
NETLEY ABBEY



TODAY: SUNDAY 2 AUGUST 2015



SARA POSTLETHWAITE: we pray for Sara who today at 2pm makes her *'Perpetual Vows with the Verbum Dei Community'* at St Joseph. We ask God to fulfil her in her religious vocation with the VDMF. May she be blessed in all she does.

We pray also for the Verbum Dei Missionary Fraternity, here in Southampton, and around the world.

The **Verbum Dei Missionary Fraternity** (*Fraternidad Misionera Verbum Dei in Spanish*) was founded on 17 January 1963, in the Spanish island of Majorca by Father Jaime Bonet. The Community was ecclesiastically approved as an Institute of Consecrated Life, by Pope John Paul II on 15 April 2000.

Their mission is to announce the Word of God and to propagate the Kingdom of God through prayer, the ministry of the Word, and the testimony of evangelical life. Their mission is contemplative-active in that they seek to share with others what they have received through prayer, inviting people to a personal relationship with God.

The community consists of consecrated religious women, consecrated religious men (*brothers and priests*) and associated married couples. The name, Verbum Dei, is Latin for 'Word of God'. Most celibate members of the community go through several years of academic study of philosophy and theology similar to that which takes place in a Catholic priestly seminary. The daily life of a missionary involves several hours of silent contemplative prayer.

Our local Verbum Dei community consists of Sisters Catherine, Valentina and Virginia. They are the chaplains to Southampton and Solent Universities.

AFTER SUNDAY 9AM MASS COFFEE/TEA GROUP will not meet during the summer holidays (16, 23, 30 Aug).

9AM MUSIC AND CHOIR ON HOLIDAY for most of August. They will be back on 30 August. Thank you to Mary Berridge and the Choir for their dedication and commitment.



KRIS SLADEWSKI: CYCLE RIDE TO SCOTTISH HIGHLANDS and climbing of *three highest peaks in UK* on the way back home; *in aid of Mary's Meals*. Kris finishes on 9 August; he's cycling 900 miles and will end at Craig Lodge, Dalmally (Mary's Meals HQ). For more info and to donate go to the website www.krissladewski.com and click on Discovering Scotland. **Sponsorship form also available in the porches.** Thank you for your generosity.

2016 PARISH DIARIES are now available in the porches for a donation of £1.



RECENTLY DIED: Francis Davage RIP late of Brookvale Lawn Care Home, Southampton. Funeral service 2pm Friday 7 August in St Joseph's Church followed by burial at Hollybrook Cemetery. May he rest in peace. Please keep his daughter, Jenny Smith, and all the family in your prayers.

THIS WEEK

FOR INFO: Mon: Day Off VH/TC

Tues Hospital On Call: VH

Housebound visits: VH

Wed Wedding: VH

Thurs Confirmation Team meeting

Fri Funeral: VH

PARISH SECRETARY ON ANNUAL LEAVE from 3—14 August. Parish Office will be managed by volunteers.

ST JOSEPH'S, ASHURST: There is Mass at **7pm every Monday** evening in the chapel at St Joseph's, preceded by Evening Prayer and the Rosary. All welcome.



WEDDING BELLS: Congratulations to **Chidi Oguejiofor and Stephen Munroe** who are getting married 1:00pm Wednesday 5 August in St Edmund's Church. May God bless them all the days of their lives.

ALPHA TEAM REUNION MEETING 7pm Wednesday 5 August in St Edmund's Hall.

NEXT WEEKEND

ECUMENICAL FAMILY RAMBLE to the Isle of Wight 9:45am Sunday 9 August leaving from Lymington. See noticeboard. Phone 023 8022 3389 for more info.

NEXT WEEK

VOLUNTEERS MEETING out of the census a couple of months ago we have invited people who wanted to volunteer and get more involved in the life of the Parish to a meeting to find out more. **Anyone who wishes to find out more is invited: TUESDAY 11 AUGUST AT 7:30PM IN ST EDMUND'S HALL** DO COME. Refreshments and nibbles will be provided.

GENERAL ITEMS

CATHOLIC MARRIAGE CARE COUNSELLING for individuals or couples. All welcome, you do not need to be a Catholic to receive help. All information available on their website: www.marriage.care.org.uk. Call 0800 389 3801 to make an appointment.

GRATEFUL THANKS have been received from Father Pat Cashin of the **Mongu Project** for the generous donation of £655.85 received from the parish after the Lenten jam jar project.

THANKS FROM CAFOD for £1,847 received recently from the Parish. Currently they are doing a lot of work in Uganda with their local partner: 'Hospice Africa Uganda'.

KNIGHTS OF COLUMBA—AUGUST SPIRITUAL BOUQUET: *Did We See You In The Young?* Children on school holidays, young adults leaving education and starting their adult life—Do we encourage and support the youth? Do we set them an example? Do we see the good or the bad?

PHONE SYSTEM: apologies if you have had difficulty getting in touch with us in the Office or Presbytery but there have been 'teething' issues with the new phone system recently installed. When this went to press the Presbytery was still 'down'. Sorry.

OUR LADY OF GRACE SOUTHAMPTON: The Annual Service of Devotion to Our Lady of Grace in Southampton will take place on **Sunday 16 August (transferred Feast of the Assumption) at 5pm in St Mary's Church, St Mary's, Southampton.** Bishop Philip (our Bishop) will be attending and preaching. After the Service there will be refreshments and then we will all process down the Causeway to the site of the Chapel of 'Our Lady of Grace'. Do come and join us Father Vincent.

FANNING THE FLAME SUMMER CAMP: Monday 17 – Friday 21 August. There are 30 youth places left on the forthcoming summer camp in the New Forest in the grounds of St Dominic's Priory with the Dominican Sisters of St Joseph. For ages 10 - 25 years. Tent spaces available or bring your own. Age streamed talks, worship, Holy Mass, workshops, fellowship, mosaic making and Sister Julie's home cooking! www.dominicansistersofstjoseph.org/apostolate/fanning-flame/.

THE PROMISED LAND: Portsmouth Diocese Catholic Youth are planning a coach trip from our diocese to Walsingham for Youth 2000's Summer prayer festival! To join in, email youth@portsmouthdiocese.org.uk. **When:** 27 - 31 August 2015. **What:** A 5 day Prayer Festival, packed with dynamic talks, live-band worship, powerful prayer times, fun social activities, creative workshops, in-depth discussions, evening entertainment and loads more. With top speakers from the USA and all over the UK! **Where:** The Roman Catholic National Shrine of Our Lady, Walsingham, Norfolk, NR22 6AL. In this ancient and holy place we come with our Big Top and tents to create a great festival atmosphere. **Who's it for:** Youth 2000 events are primarily for 16-35 year olds. If you are in this age range and looking for answers to the big questions in life, then this retreat is for you. For more info, click away: <http://www.youth2000.org/#!the-promised-land/c13gp>.

CATHOLIC – SEPARATED OR DIVORCED? A day of gentle prayer and refectio with others who have been through similar experiences as yourself to be held Saturday 29 August. The day at Saint Joseph's, 8 Lyndhurst Road, Ashurst, SO40 7DU will begin at 10am with coffee and will include Mass, Adoration of the Blessed Sacrament and lunch. The day will finish at 3:30pm. *You will not be expected to share your personal story.* A donation for the day of £15 would be much appreciated. Email Father Des at: frdes@montfort.org.uk for catering purposes.

CAFOD PORTSMOUTH SUPPORTERS' MEETING 10am – 1:30pm Saturday 12 September at St Bede's RC Primary School (Popley Way, Basingstoke, RG24 9DX). We will explore our new *Laudato Si'* study guide for parishes and hear more about CAFOD's work in Niger. To book a place please ring 01252 329385 or email portsmouth@cafod.org.uk by 4 September

MIGRANT SLAVERY CONFERENCE 9:30am – 3:30pm Saturday 26 September at St. Bede's Church, Popley Way, Basingstoke RG24 9DX. The Justice, Peace and Social Responsibility Team of the Diocese of Portsmouth are hosting this conference. There is an excellent team of speakers including:

- Kevin Hyland, Independent Anti Slavery Commissioner
- Fiona Cunningham, Centre for Social Justice

- Jess Gealer, Medaille Trust
- Laura Franklin, Assistant Commissioner to the Police and Crime Commissioner, Isle of Wight

Booking is essential: the day will cost £10. Book early to avoid disappointment. To book go online at website address <http://www.portsmouthdiocese.org.uk/migrant-slavery-day.php> or cvirgo@portsmouthdiocese.org.uk.

SOUTHAMPTON CELEBRATE WEEKEND 2015— 26/27 September at St. Mary's College, Bitterne Park, Southampton. This will be the 8th anniversary of the Celebrate weekend in Southampton. Celebrants on Saturday will be Fr. Mark Hogan and on Sunday Fr. John Chandler. Tel 02380 292 058 or by email: peterszymanski@hotmail.co.uk. Full details and booking forms can be found on www.celebrateconference.org.

BIG CHURCH NIGHT IN a contemporary Christian music event for the winter months taking place on **17 November, at King's Community Church, Upper Northam Road, Hedge End, Southampton, SO30 4BZ.** Matt Redman, a Christian worship leader and singer-songwriter from Brighton, and Kari Jobe, an American singer and songwriter will be performing their sets of contemporary Christian music. Book online at <http://www.bigchurchnightin.com/>.

DIOCESAN PILGRIMAGE TO THE HOLY LAND 22 November - 2 December 2015. Led by Bishop Philip, 3 nights in Bethlehem, 3 nights in Jerusalem, 2 nights in Tiberias, Galilee & last night in Tel Aviv. Space is now limited - only a few rooms left. If you are considering joining this life-changing experience please contact Deacon Iain MacFirbhisigh as soon as possible. Tel: 01534 725 963 or [blessings41@gmail.com](mailto: blessings41@gmail.com).

CHRISTMAS CAROLS FOR MARY'S MEALS—Date for your diary: Sunday 6 December from 3:30pm-4:30pm in St Edmund's Church followed by scrummy Christmas tea in St Edmund's Hall. *Kris is cycling in Scotland. We can help him reach his target: £1,200 (lunch at £12 per child per annum would feed 100 children).*

MESSAGE FROM ANUSHKA S. PONNIAH: "My grateful and sincere thanks to the priests, parish office staff, Tuesday prayer group, 10am Tuesday coffee group and all parishioners and those who kindly support me in prayer and the gifts given on mine and Francis' Birthdays. Much appreciated and valued. Be blessed. I do respect and honour you all."

AUGUST TWO HUNDRED CLUB WINNERS

| | | |
|---------------|--------------|--------|
| Mary Berridge | First Prize | £25.00 |
| Cecily Head | Second Prize | £10.00 |

PLEASE PRAY FOR Joan Moore, Pat Cummings, Patrick Finley, Ronnie Mascarenhas (op. recovery), Malcolm Cross, Irene Cartledge, Teresa Adams (stroke recovery), Judy Brown, Nellie O'Hanlon and family, Kusun Senanayake, Richard Milne, Margaret Power, John Morris, Paul Sassu, Isabel Bradshaw, Moyra Clearkin, Peter Scott, Sita Hearn, Sheila Morris, Phyllis Grattan, HE, Virginia Monteiro, Patricia Penny, Joyce Mnguni, James Adie, Maria Annunziata, Jean Kaye, Albie Escorcio, Vera Morris, Perry Cunio, Mike Mantle, Maria Farrao, NW, Carlene Metcalf, Bosco & Myra Andrade, Joe Sculley, Tegar Marriott, Josie Franklin, Joan Wheeler, Joy Grant, John O'Reilly, Bridget Busk, Phoebe, Tony O'Donnell, Pam Bennett, Pauldia Grant, Laura Pinson, Evelyn Nolan, parishioners who are ill or having surgery and all listed in the Lady Chapel Prayer Book at St Edmund's. Thank you for keeping them all in your prayers.

MASS INTENTIONS FOR WEEK BEGINNING SUNDAY 2 AUGUST 2015

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|-------|-------|--|---|---|
| SAT | 1 AUG | VIGIL MASS | 6:15PM SJ 7:00PM SE | IRENE CARTLEDGE—HEALING & WELLBEING (CMD) MASS IN POLISH |
| SUN | 2 AUG | EIGHTEENTH SUNDAY OF ORDINARY TIME | 9:00AM SE 10:00AM SJ 11:00AM SE 2:00PM SJ 7:00PM SE | FRANK BRYANT RIP (SH) ENA WEST RIP (F) ANUSHKA'S INTENTIONS (PARISH OFFICE) PERPETUAL VOWS: SARA POSTELTHWAITE PATER NOSTER (NW) |
| TUES | 4 AUG | ST JOHN VIANNEY | 10:00AM SE | TERRY CLARKE RIP (SMcC) |
| WED | 5 AUG | DEDICATION OF THE BASILICA OF ST MARY MAJOR, ROME | 7:00PM SE | DOMINICAN SISTERS & MARIA (SPRINGHILL SCHOOL) |
| THURS | 6 AUG | THE TRANSFIGURATION OF THE LORD | 12:15PM SJ | TOBINS FAMILY—BABIES INTENTIONS |
| FRI | 7 AUG | ST SIXTUS 11 & COMPANIONS | 2:00PM SJ 7:00PM SE | FUNERAL SERVICE: FRANCIS RAYMOND DAVAGE RIP MRS. CATHERINE (KITTY) CUMMINS RIP (F) |
| SAT | 8 AUG | ST DOMINIC | 11:00AM SE 6:15PM SJ 7:00PM SE | JULIA BROOKING RIP (F) NORA & MICHAEL HUNTER RIP (MH) MASS IN POLISH |
| SUN | 9 AUG | NINETEENTH SUNDAY OF ORDINARY TIME | 9:00AM SE 10:00AM SJ 11:00AM SE 7:00PM SE | FRANK BRYANT RIP (KN) KATHLEEN (PADDY) CHANDLER RIP (F) HUGH JOSEPH McCONNELL RIP (JPM) MARGARET TURKINGTON RIP (LG) |

Contact Details:

| | |
|-----------------------------------|---|
| Parish Priest: | Mgr Canon Vincent Harvey |
| E-mail address: | vharvey@portsmouthdiocese.org.uk |
| Assistant Priest: | Father Tomy Chirackalmanavalan |
| E-mail address: | fathertomy@portsmouthdiocese.org.uk |
| Presbytery Tel. No: | 023 8033 4891 |
| Presbytery Address: | 14 Rockstone Place, Southampton, SO15 2EQ |
| Deacon: | Andy Philpott |
| E-mail address: | andrew.philpott@virginmedia.com |
| Parish Secretary: | Anne Wheeler |
| Parish Office Tel: | 023 8033 3589 |
| Parish Email Address: | southamptoncitycentre@portsmouthdiocese.org.uk |
| Parish Office Address: | St. Edmund's Lodge, The Avenue, Southampton, SO17 1XJ |
| Parish Website: | www.southampton-city-catholics.org.uk |
| Pastoral Area Web: | http://www.catholic.co.uk/ |
| Apostleship of the Sea: | Roger Stone Tel 07963 345 618 |
| E-mail address: | rogerstone@apostleshipofthesea.org.uk |
| PA Property Administrator: | Chris Barber Tel 023 8033 3589 |
| Email Address: | cbarber@portsmouthdiocese.org.uk |
| Catholic Home Care: | Anne Monaghan 023 8033 3589 |
| E-mail address: | catholichomecare@portsmouthdiocese.org.uk |
| EU Welcomer's Project: | Dave Adcock 07786 392 886 |
| E-mail address: | euwelcome@yahoo.co.uk |
| Hospital Chaplain: | Fr Michael Cronin 023 8120 8517 |
| Martha's Gift Shop: | 023 8033 3400 |
| PA Pastoral Assistant: | Tina Quinn Tel. No. 023 8033 3589 |
| Mobile 07827 810 457 | email: tquinn@portsmouthdiocese.org.uk |
| Polish Chaplaincy: | Father Zbigniew Budyn |
| Tel. No: | 023 8178 6316 |
| E-mail address: | southampton@tchr.org |
| Address: | 15 Languard Road, Southampton, SO15 5DL |
| Safeguarding Rep.: | Albie Escorcio 07925 090 482 |
| S'oton Uni. Chaplain: | Sister Catherine 07811 107 046 |
| Solent Uni. Chaplain: | Sister Valentina 07983 883 377 |
| Vocations to Priesthood: | www.portsmouthdiocese.org.uk/vocation/ |
| OUR CATHOLIC SCHOOLS: | Springhill Primary 023 8033 3954 St Anne's School 023 8032 8200 St George College 023 8032 2603 |

DEANERY PARISHES MASS TIMES: Holy Family, Millbrook Sat Vigil 18:30; Sun 11:00am; 1:00pm (Polish); Holy day 19:00. **St. Boniface, Shirley** Sat Vigil 18:30; Sun. 08:30; 10:30; Holy day 10:00; 20:00. **St. Vincent de Paul, Lordswood** Sun 09:15; Holy Day 10:00. **Christ the King & St Colman** Sun 11:00; Holy Day 19:00. **Immaculate Conception, Portswood** Recon: Sat 10:30 (After Mass); Sun 08:30; 10:30; Holy Day 10:00; 19:30. **St Patrick, Woolston** Sat Vigil 18:00; Sun 11:00; Holy Day 09:15 (term time); 10:00 (outside of term time). **The Annunciation, Netley Abbey** Sun 09:00, Holy Day 19:00.

SUNDAY 2 AUGUST 2015

18th SUNDAY OF ORDINARY TIME

Psalm Response

The Lord gave them bread from heaven.

Gospel Acclamation

Alleluia, alleluia!

I am the Way, the Truth and the Life, says the Lord;
no one can come to the Father except through me.

Alleluia!

Prayer of the Church Week 2

READINGS SUNDAY 9 AUGUST 2015

19th SUNDAY OF ORDINARY TIME

| | |
|--------------|--------------------|
| 1st Reading: | Kings 19:4-8 |
| 2nd Reading: | Ephesians 4:30-5:2 |
| Gospel: | John 6:41-51 |

NO 2nd COLLECTION TODAY

2ND COLLECTION NEXT WEEK CATHOLIC HOMECARE

| Collections | 26/7/15 1st | 26/7/15 DAY FOR LIFE |
|---------------------|------------------|-------------------------|
| Total | £2,143.70 | £170.16 |
| Cash | 1,103.46 | 170.16 |
| S / O | 832.19 | — |
| Gift Aid Tax Rebate | 208.05 | — |

Thank you for your generous contributions. Your donations make the life and work of the Parish possible.

CONFESSION TIMES:

| | |
|----------------------|-------------------------------------|
| St. Edmund's: | Saturdays 11:30am |
| St. Joseph's: | Thursdays 11:45am; Saturdays 5:45pm |